

Parenting Information Sheet

Complete and return to MNB Law Group. This helps us understand routines, needs, and practical arrangements.

1) Child details

Child/children's names

Date(s) of birth

School / childcare (name + suburb)

Current living arrangements (brief)

2) Health & wellbeing

GP / paediatrician / key providers

Medical conditions, allergies, medications

Therapy / support needs (if any)

3) Daily routines

Weekday routine (wake, school, activities, bedtime)

Weekend routine

Parenting Information Sheet (continued)

4) Parenting responsibilities

Who currently makes day-to-day decisions? (brief)

Big decisions (health/education/religion) – what's working / not working?

5) Communication & changeovers

Communication between parents (apps, email, texting) – what works?

Changeovers: locations, times, special considerations

Technology time / calls (frequency, duration, boundaries)

6) Safety considerations

Any safety concerns or existing orders? (If yes, describe briefly)

Please tick if relevant:

Family violence concerns Intervention order / FVIO Child protection involvement

7) Additional notes

Anything else you'd like us to know (goals, concerns, priorities):

